

WEEK THREE FALL /WINTER MENU

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A.M. SNACK	CHERRIOS WITH FRUIT MILK/WATER	FRUIT YOGURT WITH ARROWROOT COOKIE MILK/WATER	HOMEMADE OATMEAL FRUIT MILK/WATER	CINNAMON TOAST AND FRUIT MILK/WATER	APPLESAUCE WITH GRAHAM CRACKERS MILK/WATER
LUNCH	CHICKEN AND BROCCOLI RICE BAKE CUCUMBER FRUIT MILK/WATER	SLOPPOE JOES ON WHOLEWHEAT BUNS TATOR TOTS FRUIT MILK/WATER	TUNA CASSEROLE CARROTS fruit MILK/WATER	CHICKEN CAESAR WRAPS CUCUMBER FRUIT MILK/WATER	PEPPERONI AND CHEESE PIZZA WITH TOSS SALAD WITH TOMATOES AND CUCUMBERS MILK/WATER
P.M. SNACK	FRUIT SALAD WATER	Sugar cookies, FRUIT WATER	BANANA CAKE, FRUIT WATER	VEGGIES WITH HUMMAS FOR DIP FOR THE OLDER ONES CRACKERS AND HUMMAS FOR YOUNGER ONES WATER	RICE CAKES PEARS WATER